

Steps to clearing the lower aspects of the emotional body:

1. Prepare yourself with a centering meditation involving the Sacred Heart Consciousness, the Christed Matrix in your Heart and the Heart of Gaia, you as SoulSpirit merged with the Christed OverSoul, you as the Holy Spirit, your Unified Field now a vast unified whirling vortex of unified chakras and all Triads encompassed by the merged Sapphire Blue and Luminous White Star Tetrahedrons, all grounded into the Earth.

2. Activate your electrical Arc of the Covenant to the fullest extent:

- Breathe the Undifferentiated Light from Spirit, the 11th chakra, and your Pineal into the medulla oblongata, which then activates the Arc of the Covenant doming around your head, then expanding to encompass your entire Unified Field.
- Notice the electrical arcing and the Ze particles of Light that you form from this arcing. Ze particles of Light are Undifferentiated Light stepped down to be usable in the body.
- Notice how you combine the On particles of Thought at the level of SoulSpirit and Christed OverSoul with the Ze particles of Light.
 - This creates Ze'On particles of Thought, which allows you to think Thoughts at the level of SoulSpirit and Christed OverSoul in the body.
 - Ze'On particles have many functions. One is that they allow you to bring in a level of magnetics through the 10th Ray which resonates with the SoulSpirit and Christed OverSoul

3. Clear first the lowest third of the emotional body, then the middle third:

- Call in the magnetics of the 10th Ray of Creation through the body and into the lowest third of the emotional aspect of the mental-emotional body.
- As you bathe the lower third of the emotional body in the level of magnetics corresponding to the SoulSpirit/Christed OverSoul, the Ze'On particles short circuit any emotional fragments not at the level of the SoulSpirit/Christed OverSoul and any such emotional fragments and patterns disappear.
- Then call in the magnetics of the 10th Ray of Creation through the body and into the middle third of the emotional aspect of the mental-emotional body.
- As you bathe the middle third of the emotional body in the level of magnetics corresponding to the SoulSpirit/Christed OverSoul, the Ze'On particles short circuit any emotional fragments not at the level of the SoulSpirit/Christed OverSoul and any such emotional fragments and patterns disappear.
- Then draw in the Blue Color Coding, which bonds with all emotions and raises them to a higher level.

4. If at any later point you notice emotional responses and fragments not at the level of you as SoulSpirit/Christed OverSoul, simply repeat the entire process or simply call in the Blue Color Coding.

Source of this procedure:

This procedure was developed in MA Level 3 Live Sessions 173 and 174.

Session 173 focused on the electrical aspects: Thought and Light, Ze and Ze'On particles.

Session 174 focused on the magnetic aspects: Emotions and magnetics and the 10th Ray.

Magnetics establish the ability of states of consciousness to come into physicality.

Results of doing this procedure:

The mental-emotional body creates thought forms, thoughts merged with emotions.

These thought forms are what create our reality, whether we do it consciously or unconsciously.

The Arc of the Covenant allows us to think in the body at the level of SoulSpirit/Christed OverSoul via the Ze'On particles of Thought.

Clearing the emotional aspect of the mental-emotional body by the above procedure leaves only emotions at the highest level.

Thus this procedure allows our thoughts and emotions move into the Christed level and we therefore create at the Christed level.

Are we finally starting to move into the third aspect of the definition of Alchemy:

Applying the Elements of Love?

A diagram of the Third Ray of Creation demonstrating the Elements of Love was given to us at the very beginning of Level 3 Live.